



FOR IMMEDIATE RELEASE

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Media Contacts:

Courtney Galle

Marketing and Communications Manager

Lone Star Family Health Center

936-283-7098 Cellphone

cgalle@lonestarfamil.org

Lone Star Family Health Center Earns Recognition from American Heart Association

CONROE, TEXAS – Lone Star Family Health Center (LSFHC) has been recognized by the American Heart Association with 12 outpatient program achievement awards in the areas of reducing the risk of heart disease and stroke by improving high cholesterol and Type 2 diabetes management.

This year, LSFHC received these achievement awards:

- All Heart Award
- Quality Outpatient Improvement Program in the area of Lipoprotein
- The American Heart Association's Check. Change. Control. Cholesterol™ Participant – All Five Locations
- The American Heart Association and American Diabetes Association's Target: Type 2 DiabetesSM Participation – All Five Locations

“We are proud to be recognized by the American Heart Association for our focus on Type 2 diabetes, cholesterol management and care,” said Karen Harwell, CEO for Lone Star Family Health Center. “By participating in these programs, we are able to put the science of the latest clinical guidelines to work improving the lives of our patients.”

Nearly half of all adults in the U.S. have some form of cardiovascular disease, including heart attack, stroke or heart failure. High cholesterol, Type 2 diabetes and uncontrolled high blood pressure are leading risk factors for cardiovascular disease, but with timely diagnosis, research-based treatment and education, these conditions can be managed.

For more information, contact Courtney Galle, marketing and communications manager, at cgalle@lonestarfamil.org or 936-283-7098. Information on Lone Star Family Health Center can be found at www.lonestarfamil.org or on Facebook, Instagram, Twitter, LinkedIn and YouTube.

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Founded in 2002, Lone Star Family Health Center is a full-service, state-of-the-art Federally Qualified Health Center and nonprofit 501(c)3. The health center's mission is to provide compassionate, affordable healthcare and prepare tomorrow's family medicine professionals. Primary care services are offered across five clinic locations in Conroe, Willis, Spring, Grangerland and Huntsville. Other services include women's health, dental and behavioral health.