



LONE STAR
FAMILY HEALTH CENTER

ANNUAL REPORT

2022

*“Providing compassionate,
affordable healthcare and
preparing tomorrow’s family
medicine professionals.”*

WELCOME

Over the past year, Lone Star Family Health Center (LSFHC) has made numerous notable strides forward. We provided 100,852 visits to 34,193 unduplicated patients.

We have hosted numerous events and made many notable accomplishments. Below, we share some of our most significant activities:

- **Social Determinants of Health:** We formed a community-wide coalition to collaboratively identify actionable areas of social determinants of health (SDOH) to break down barriers and ensure our patients have timely access to necessary services. We have made significant headway thus far, as we led listening sessions and disseminated online surveys to patients. The coalition is compiling and analyzing results to make a report and deliver a plan of action for addressing social determinants of health in our community.
- **Clinical Pathways:** We are overseeing a project that aims to enhance the systems, staffing and knowledgebase necessary to enable us to implement population health management strategies for improved health outcomes and in preparation for future value-based payment efforts. Our primary goal is to overhaul and strengthen our healthcare delivery system through new administration of our financial and data analytics systems to bolster our population health management and improve our financial sustainability.



Duke Coon
Lone Star
Family Health Center
Board Chair

- **Conroe Location Expansion:** In 2022, we received funding to expand our Conroe location. We have completed a historic preservation and environmental impact review and a forestry report. We have outlined plans with an architectural firm and secured a contractor for this project. We are in the final stages of permitting, with plans to begin construction in the summer of 2023.
- **Medical Residency Updates:** This year, we made many advancements in our medical residency program. Our in-training exam from the American Board of Family Medicine has exceeded the national average. This demonstrates the high quality of our program and the medical residents we recruit! Also, our residency program was recently awarded two new residency slots through a Health Resources and Services Administration (HRSA)

Continued on page 2



Lone Star Family Staff

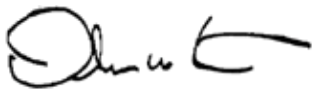
Welcome Letter - continued from page 1

Teaching Health Center Graduate Medical Education (THCGME) expansion grant, which translated into two additional residents in 2022, four by 2023 and six by 2024.

- **Community Outreach:** We attended community outreach events on an ongoing basis to foster close relationships with the area. Our outreach staff have participated in Conroe ISD's Employee Health Fair, the Annual Go Texan Parade, Family and Community Coalition meetings, Social Determinants of Health (SDOH) Coalition functions, COVID Advisory Board Vaccination Event, Early Childhood Resource Fair. Our staff also serve on and attend community events including several area Chamber of Commerce events, nonprofit fundraisers and board and committee meetings.

In 2023, Lone Star Family Health Center is focused on continuing to provide COVID-19 testing, treatment and vaccinations, further integrating social determinants of health into our operations, transitioning to a value-based care model and expanding our facility's footprint in Conroe.

We thank you for investing in our mission to provide critical healthcare services to families in need.



2022 BOARD MEMBERS

Duke Coon – Chair

Rod Chaves – Vice Chair

Patty Garcia – Secretary

Alfredo Hassey

A.R. Shelton

Karen Lonon

Bill Wilkins

Hector Forestier

Denise Cipolla

Lane Aiena, M.D.

Stephanie Atkins

SENIOR LEADERSHIP

Karen Harwell, CPA – Chief Executive Officer

Lata Joshi, M.D. – Chief Medical Officer

Heidi Bunyan, MPH – Chief Operating Officer

Matt Gullick – Chief Financial Officer

Daniel Porter, M.D. – Medical Director

Valerie Powell, PharmD – Pharmacy Director



Lone Star Family Health Center Board of Directors and staff as well as their families

Conroe Family Medicine Residency Program

We are proud to call Lone Star Family Health Center home and we are one of the original 11 Teaching Health Centers in Graduate Medical Education. Our resident physicians receive full-spectrum “hands-on” training in a congenial and collegial environment and learn to deliver cost-effective treatment while integrating the most advanced concepts in the medical field.

RESIDENCY PROGRAM LEADERSHIP



Lata Joshi, M.D.
Family Medicine/OB
Chief Medical Officer &
Conroe Family Medicine
Residency Program Director



Marwan Al-khudhair, M.D.
Family Medicine
Conroe Family Medicine
Residency Associate
Program Director



Jonathan Santos, M.D.
Family Medicine /OB
Conroe Family Medicine
Residency Associate Program
Director

RESIDENCY PROGRAM PARTNERS



GRADUATING CLASS OF 2022



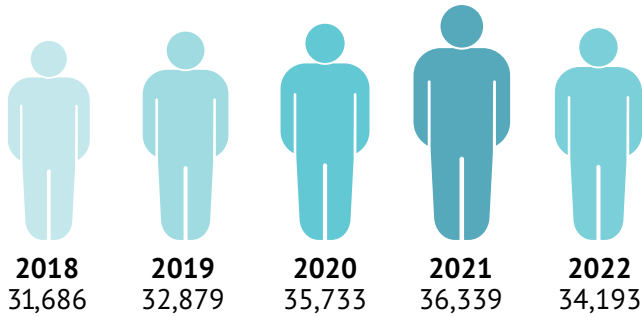
Pictured left to right: Luis Juarez, M.D.; Alvaro Sanchez, M.D.; Thomas Seymour, DO; Joseph Whitt, M.D.; Ernest Trinh, M.D.; Ruth Duesterhft, M.D.; Mahdi Kaheri, M.D.; Anna Luc, M.D.; Annabel Chang, M.D. and George Strecker, M.D.

INCOMING CLASS OF 2025

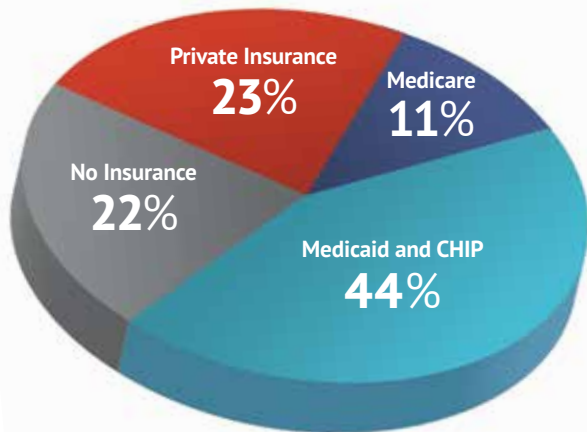


Pictured left to right: Lauren Brown, M.D.; Leslie Herd, M.D.; Yezen Jarrar, M.D.; Mimi Keating, M.D.; MPH, Alexandria Lehrmann, M.D.; Connie Liu, M.D.; Dalena Nguyen, M.D.; David Nguyen, DO; Scarlett Redd, M.D.; Brandon Torres, M.D., Theresa Vu, DO and Jackie Zhang, M.D.

Total PATIENTS (2018-22)

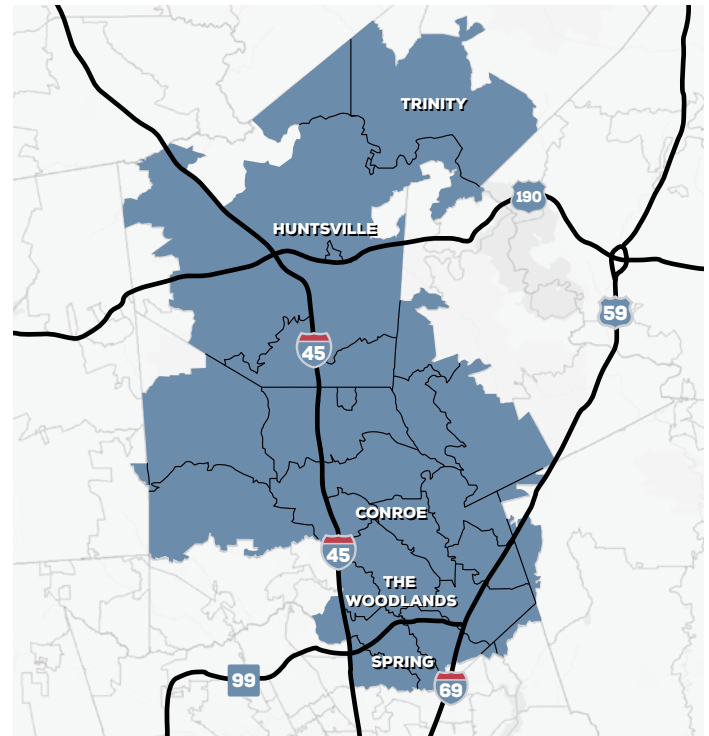
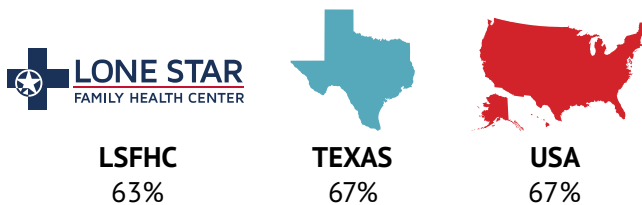


Patient INSURANCE STATUS



Patient POVERTY LEVELS

Percentage of health center patients living at or below 100% of the Federal Poverty Level (2022)



Lone Star Family Health Center SERVICE AREA

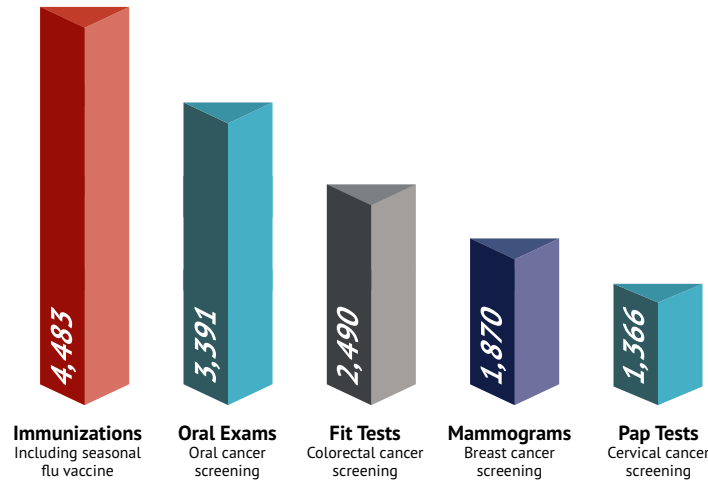
ZIP CODES

CONROE	MAGNOLIA	SPRING
77301	77354	77373
77302	77355	77379
77303		77380
77304	MONTGOMERY	77381
77305	77316	77382
77306	77356	77386
77384	NEW CANEY	77387
77385	77357	77388
		77389
CLEVELAND	NEW WAVERLY	
77328	77358	WILLIS
HUNTSVILLE	PORTER	77318
77320	77365	77378
77340		
77342		

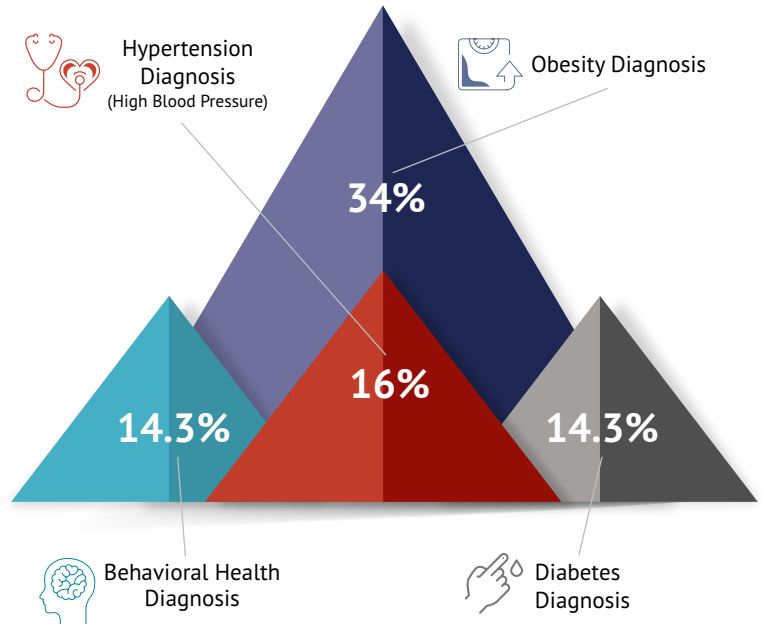
Total PATIENT VISITS (2018-22)



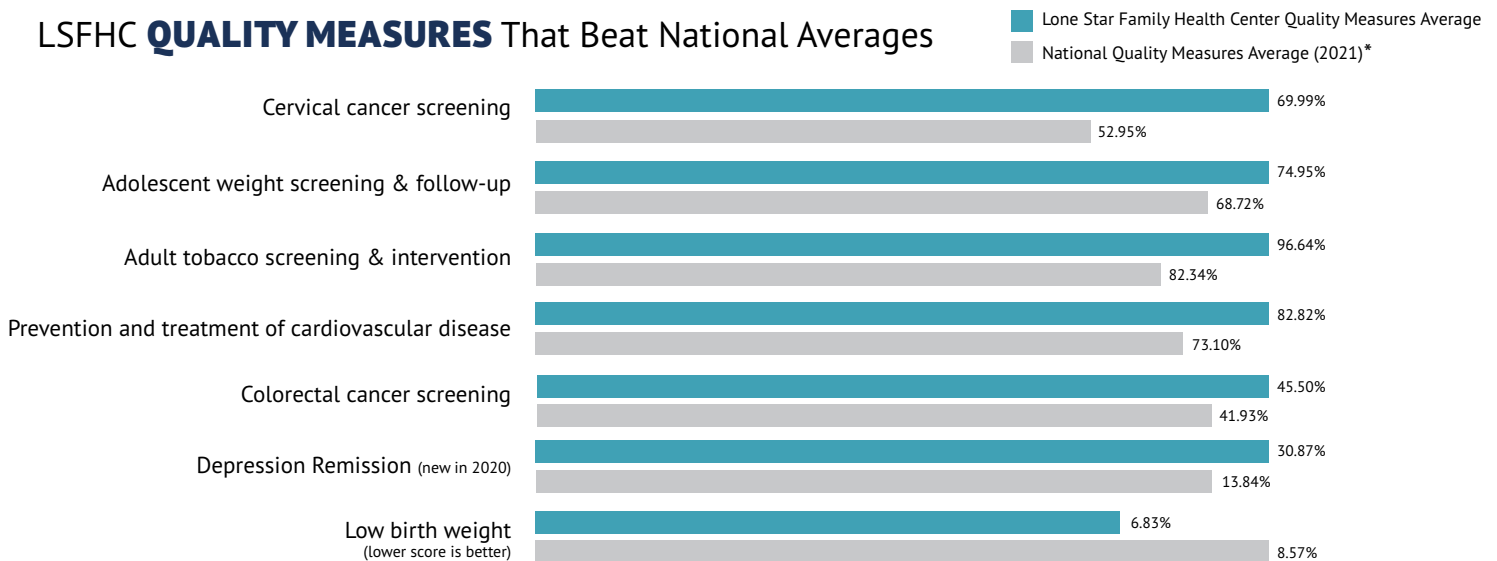
SCREENING SERVICES Performed (2022)



Top Patient DIAGNOSES (2022)



LSFHC QUALITY MEASURES That Beat National Averages



*2021 National Health Center Data. <https://data.hrsa.gov/tools/data-reporting/program-data/national>



Conroe Chamber's Lobsterfest: Duke Coon (left), Karen Harwell (middle), and Anthony Shelton (right), attend the annual fundraiser.



5th Annual Don't Miss the Bus: 275 free well-child visits and vaccines provided.



Conroe Kidzfest: Flossy the Tooth Fairy greeted kids at the 2022 Conroe Kidzfest.



Conroe ISD's Hispanic Achievement: LSFHC supporting the achievements of CISD students at this annual event.



20th Year Celebration: In 2022, LSFHC celebrated 20 years of providing compassionate and affordable care to the community.



Award to Rep. Kevin Brady: Rep. Brady (right) was presented with an award from the National Association of Community Health Centers for support during his tenure.



Greater East Montgomery County Chamber: LSFHC sponsored the Chamber's luncheon August 2022.



Deerwood Community Center: LSFHC participates in outreach efforts in the Deerwood community.



Community Outreach: LSFHC passes out supplies at a CISD Back to School Bash in August 2022.



LSFHC hosted a ribbon cutting at our newly expanded Willis location with the Conroe/Lake Conroe Chamber in August 2022.



Women's Health: LSFHC wears pink for National Breast Cancer Awareness Month in October each year.



Go Texan Parade: Staff took part in the Annual Go Texan Parade in Conroe February 2022.



Strategic Planning: Staff enjoys some fun and games after a day of strategic planning for the health center.



5th Annual Don't Miss the Bus: Patients enjoy healthy snacks, health education, and giveaways at our DMTB health fair in July 2022. Each year, our two-week program offers free well child visits and vaccinations for uninsured kids.



Residents Giving Back: Our residents visited Conroe ISD campuses to perform over 1,500 sports physicals.



Residents: Resident physicians attend a casting workshop at our Conroe clinic.



Community Outreach: Our Community Health Workers spend time each year in our community telling them about our services.



In Appreciation

Lone Star received generous grants and contributions during 2022 from:

- US Department of Health and Human Services, Health Resources and Services Administration
- HCA Houston Healthcare Conroe
- Episcopal Health Foundation
- Houston Methodist Community Benefits Program
- Montgomery County Community Foundation
- FAITH "Fighting Cancer" in Montgomery County
- Woodforest Charitable Foundation
- American Cancer Society
- William J. and Dorothy K. O'Neill Foundation
- Texas Department of State Health Services
- Texas Medical Association
- Texas Higher Education Coordinating Board
- Bank of America
- Vot-ER/National Association of Community Health Centers/AltaMed

Thank You!

Lone Star Family Health Center 2022 Financial Overview

Statement of Operations:

	2022	2021	2020
Patient Service Revenue	\$14,657,701	\$14,937,267	\$13,838,763
Grant and Donation Revenue	\$11,311,830	\$11,111,126	\$7,985,159
Other Revenue	\$3,760,730	\$5,920,134	\$3,226,059
Total Operating Revenues	\$29,730,261	\$31,968,527	\$25,049,981
Personnel Expenses	\$21,554,233	\$20,357,566	\$17,212,592
Supplies and Other Expenses	\$5,133,897	\$4,851,896	\$4,192,232
Outside Services	\$2,450,054	\$2,454,778	\$3,125,520
Depreciation and Amortization	\$1,096,443	\$1,127,977	\$1,161,610
Total Operating Expenses	\$30,232,627	\$28,792,217	\$25,691,954
Operating Surplus/(Deficit)	(\$504,366)	\$3,176,310	(\$641,973)

Balance Sheet:

Assets:	2022	2021	2020
Total Current Assets	\$9,034,886	\$10,641,251	\$9,912,634
Property, Plant & Equipment, Net	\$11,333,174	\$11,507,609	\$11,981,896
Other Assets, Net	\$1,521,135	\$35,329	\$200,151
Total Assets	\$21,889,195	\$22,184,189	\$22,094,681
Liabilities:			
Total Current Liabilities	\$2,213,998	\$2,967,898	\$5,769,934
Long-Term Liabilities	\$7,289,330	\$7,110,887	\$7,245,390
Total Liabilities	\$9,503,328	\$10,078,785	\$13,015,324
Unrestricted Net Assets	\$12,183,579	\$11,923,177	\$8,847,221
Temporarily Restricted Net Assets	\$202,288	\$182,227	\$232,136
Total Net Assets	\$12,385,867	\$12,105,404	\$9,079,357
Total Liabilities and Net Assets	\$21,889,195	\$22,184,189	\$22,094,681

